

Rules and Regulations
of the 8th UMED Charity Run – Run with UMED
organized by the Medical University of Lodz (MUL)

Date: May 11, 2024 (Saturday), 10:00-12:00 a.m.
Start: 10:00 o'clock a.m.
Contact: Justyna Wojtczak mobile: 785-911-608

I. EVENT ORGANIZER

1. The Organizer of the Event called the 8th UMED Charity Run, hereinafter referred to as "Run with UMED" or the "Run", is the Medical University of Lodz (MUL), hereinafter referred to as the "University".
2. The Co-organizers are: Academic Sports Association (AZS) Environmental Organization (Organizacja Środowiskowa) in Łódź, hereinafter referred to as "AZS Environment", and the Foundation for the Medical University of Lodz. The terms and scope of cooperation between the Organizer and the Co-organizers are governed by the Cooperation Agreement.
3. Information on the Sponsors of the Run will be made available on the *Run with UMED* website: <http://www.umedbiega.umed.pl/>.
4. An Organizing Committee, composed of representatives of the Organizer and Co-organizers, is appointed for the duration of the Run.

II. AIMS

1. Promoting running as the simplest form of exercise.
2. Collecting funds for charity; the Organizer of the Run will donate the money collected during the Run to charity.
3. Promoting physical activity and healthy lifestyle among the University community.
4. Integrating the University community.

III. DATE AND PLACE

1. The Run will be held on May 11, 2024, in Łódź, the *3. Maja/ Baden Powell* Park. Start/ finish by the MOSiR Sports Hall, ul. Małachowskiego 5/7.
2. The date, including the start time, and/ or place of the Run may change. The Run may be cancelled if there occur any circumstances that cannot be foreseen on the day of publication of these Rules and Regulations or due to force majeure (e.g. unfavorable weather conditions, decisions of law enforcement authorities or rescue services).
3. If the Run is cancelled due to the sole fault of the Organizer, the Organizer will be obliged to refund the "donation" referred to in Section IV, Point 7.
4. The place, starting time and the detailed route of the Run will be available on the *Run with UMED* website: <http://www.umedbiega.umed.pl/>.
5. The route distance is **5.1 km**.
6. The time limit to complete the route is **1 hour**.
7. Time will be measured electronically by means of a start number containing a chip that allows speed measurement. The Organizer will provide each Participant with a start number with the electronic device.

IV. TERMS AND CONDITIONS OF PARTICIPATION

1. The Run is open to all participants who are at least 18 years old on the day of the Event, and sign a statement on no health contraindications to take part in the Event. The Participant should personally submit their statement in print version when collecting the starter pack referred to in the further parts of the Regulations. The template statement form is enclosed as *Annex 1* hereto.
2. Participants will be enrolled based on a filled out application form available at: <http://www.umedbiega.umed.pl/>.
3. Applications will be accepted until the limit of places is reached. The Organizer does not guarantee full starter packs to those who sign up after April 1, 2024 and/or on the day of the Run.
4. The number of places in the Run is limited. Participation in the Run will be determined by the order of applications and the date of payment of the entry fee which must be made within two working days after filing the application. In the payment is not settled within the set time limit, the application will be canceled and the next person from the standby list will be qualified for the vacant place. The maximum number of participants is 400.
5. Registration of Participants at the Event Office on the day of the Run will be possible only if there are still places available. A Participant registering on the day of the Run will also be given a starter pack, subject to Point 3.
6. An application will be considered successfully filed if the following conditions are met:
 - 1) the Participant familiarized themselves with the provisions of the Rules and Regulations, in

particular the terms and conditions of participation, and filled out the application form.

- 2) the Participant signed the statement on no contraindications to participate in the Run.
7. The whole amount of the voluntary "donation" fee will be given to the charity referred to in Section II, Point 2.
8. As a part of the starter pack referred to in Point 1, each Participant will receive: a competition number, a T-shirt, a bag and a commemorative medal, as referred to in Section III, Point 7.
9. The starter pack may be collected between 8 and 10 May 2024, from 2:00 p.m. to 7:00 p.m., in the Sports Center of the Medical University of Lodz, ul. 6 Sierpnia No. 69, room no. 11, ground floor. The Event Office is responsible for coordination of the Run, the registration and verification of Participants, as well as distribution of the materials referred to in Points. 8-9.
10. The Organizer has the right to refuse the Participant taking part in the Run in case of any doubts concerning their health. The decision of the Organizer is final.
11. The Organizer will ensure that during the Run, the personal belongings of the Participants may be kept in a safe deposit, in a specially designated place. No important documents or valuables may be deposited. Items left in the safe deposit must be packed and marked with the correct competition number of the Participant. Belongings left in the safe deposit will be collected upon producing of the competition number and identity card/student/employee ID by the Participant.
12. Before the start of the Run, throughout its duration and after completion of the Run, all the Participants are obliged to be wearing the T-shirts and their competition numbers received with the starter pack. The Participants are not allowed to be present on the route of the Run not wearing the T-shirts or their competition numbers.
13. For safety reasons, it is not forbidden to hand over competition numbers to other people or exchange them with other Participants.
14. It is forbidden to bring intoxicants, illegal substances, performance-enhancing drugs, alcoholic beverages of any kind and objects that may pose a danger to other Participants or third parties to the place of the run. Persons who consumed or possess any intoxicants, illegal substances, alcoholic beverages or dangerous objects will not be allowed to participate in the Run.
15. All the Participants are required to arrive at the Run venue on their own and at their own expense.
16. During the Run, the Participants are obliged to follow the instructions of staff responsible for safety, event security and medical services, as well as persons acting on behalf of the Organizer.
17. The Organizer of the Run does not issue VAT invoices.

V. CLASSIFICATION AND AWARDS

1. All the Participants who complete the Run will receive commemorative medals.
2. The winners of the first, second and third place will receive prizes in the following categories:

- 1) Medical University of Lodz student (woman);
- 2) Medical University of Lodz student (man);
- 3) Medical University of Lodz graduate (woman);
- 4) Medical University of Lodz graduate (man);
- 5) Medical University of Lodz employee (woman);
- 6) Medical University of Lodz employee (man);
- 7) Open (AZS - woman);
- 8) Open (AZS - man).

VI. PERSONAL DATA PROTECTION

1. Personal data are processed in compliance with the provisions of Regulation (EU) 2016/679 of the European Parliament and of the Council of 27th April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data and repealing Directive 95/46/EC.
2. The Controller of the Participants' personal data is the Medical University of Lodz.
3. In connection with the Event, the Controller will process the following data of the Participants: name, surname, date of birth, telephone number, e-mail address, T-shirt size, optionally the shipping address of the starter pack.
4. In order to properly protect personal data, the Controller has appointed a Data Protection Officer that can be contacted at the e-mail address: iod@umed.lodz.pl
5. The personal data of the *Run with UMED* Participants will be processed for the purpose of organizing and holding the Run, conducting promotional activities and will not be made available to any third parties.
6. The legal basis for the processing of personal data of the Participants for the purpose of performance of the agreement under these Rules and Regulations is Article 6(1)(b) of GDPR, i.e. the processing is necessary for the performance of the agreement to which the data subject is a party. For the purposes of using the image and within the scope of data which the Participant has voluntarily provided to the Controller, the basis for processing is Article 6(1)(a) of GDPR - the person to whom the data refer has consented to processing. For the purposes of defending, establishing or pursuing claims, the basis for processing the user's data is Article 6(1)(f) of GDPR - processing is necessary for the purposes of the legitimate interests pursued by the Controller.
7. The Participant has the right to:
 - 1) access their data, rectify, erase them or restrict their processing, object to data processing, as well as the right to data portability with regard to personal data processed under contract or voluntarily provided to the Controller;

- 2) withdraw consent to the processing of their personal data at any time, without affecting the lawfulness of processing carried out based on consent before withdrawal - if, in connection with the cooperation, processing of the data takes place on a voluntary basis with the consent of the Contractor;
- 3) lodge a complaint to the Supervisory Authority - the President of the Office for Personal Data Protection, if they consider that the processing of their personal data violates the provisions on personal data protection, including GDPR.
8. Personal data of the participants processed for the purpose of the agreement will be processed for the time indicated by the legal regulations for the assertion of potential claims. Personal data processed based on consent will be processed until the consent is withdrawn by the Participant.
9. Providing personal data is voluntary but necessary to take part in the *Run with UMED* Event. Failure to provide the data makes it impossible to participate in the Run. The consent given by the Participant may be revoked at any time.
10. All the information concerning the Participants, obtained by the Organizer and included in application forms, will be saved in electronic form and used in accordance with the provisions of Regulation (EU) 2016/679 of the European Parliament and of the Council of 27th April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data and repealing Directive 95/46/EC and the Act of 10th May 2018 on personal data protection (Journal of Laws, item 1000). The Organizer will not disclose this information to any third parties without written consent of the person concerned.
11. Personal data may be transferred to other countries in connection with the publication of data, including images of participants, on social networks operated by the Controller (Facebook, Instagram) for promotional purposes.
12. The Organizer and the Sponsors reserve the right to use photographic materials related to the course of the Event, provided that these materials do not violate the right to protect the image of any of the Participants. In the case of the Participants' images used for the purpose of promoting the Run, a separate prior consent has to be obtained from each Participant.
13. The Participant agrees that the results of the Run are announced to the public.

VII. RESPONSIBILITY

1. The Organizer has a valid third party liability insurance policy.
2. Each Participant takes part in the Run voluntarily and incurs the related risk. Each Participant is aware that participation in the Run involves physical effort and entails an inherent risk and danger of accidents and personal and physical injuries (including death), as well as damage and loss of property.
3. The Participant is fully responsible for all damage caused by them through their own fault, to other

Participants of the Run or third parties.

4. In relation to the organization and holding of the Run, neither the Organizer nor Co-organizers will be liable for any personal, material or property damage incurred by the Participants or third parties caused by the Participants or third parties through their fault, either during the preparation for, during or after the Run.
5. The Organizer does not provide the Participants with life, health or third party liability insurance against illness, accident, injury, death or damage that may occur in connection with their presence or participation in the Run. The Participant waives the right to pursue any claims for compensation against the Organizer or Co-organizers in the event of damage caused by them through intentional fault in connection with participation in the Run.

VIII. FINAL PROVISIONS

1. The Organizer of the Run does not provide Participants with any sports equipment.
2. By filling out the application form, the Participant declares that all personal data provided by them therein are complete and true.
3. The Participant undertakes to familiarize themselves with the Rules and Regulations and to abide by the provisions hereof, in particular the terms and conditions of participation contained herein. Sending an application form is regarded as acceptance of the provisions of the Rules and Regulations.
4. Failure to comply with the provisions of the Rules and Regulations may result in the Participant being disqualified from the Run.
5. The Organizer reserves the right to amend the provisions of the Rules and Regulations, however, no later than on the day preceding the date of the Run; the Organizer will immediately inform the Participants and all persons involved in the preparation and organization of the Event about any amendments to the provisions of the Rules and Regulations.
6. The decisions of the Organizer are final and cannot be appealed against.
7. The Rules and Regulations come into force upon being publicly announced.

STATEMENT

I, the undersigned.....
declare that I am not aware of any health/ medical contraindications to my participation in the Run. I also declare that I take full responsibility for my health condition during the 8th UMED Charity Running – Run with UMED, and furthermore:

NOTE: In order to participate in the above Event, please put "X" in the required fields below.

- I declare that on the day of the Run, I am at least 18 years old.
- I have read the terms and conditions of the Rules and Regulations of the Run and fully accept them.*

*required fields

Lodz,

/the date/

.....

/legible signature of the Participant/