

**Rules and Regulations**

**of the *9th Charity Run - Run with UMED***

**organized by the Medical University of Lodz (MUL)**

**Date:** 10t May 2025 (Saturday), from 10:00 to 12:00 a.m.

**Start:** 10:00 o’clock a.m.

**Contact:** Justyna Wojtczak mobile: 785-911-608

1. **EVENT ORGANIZER**
2. The Organizer of the Event called the 9*th UMED Charity Run,* hereinafter referred to as “Run with UMED” or the "Run" is the Medical University of Lodz, hereinafter referred to asthe "University"*.*
3. The Co-organizers are Academic Sports Association (AZS) Environmental Organization (Organizacja Środowiskowa) in Łódź, hereinafter referred to as "AZS Environment", and the Foundation for the Medical University of Lodz. The terms and scope of cooperation between the Organizer and the Co-organizers are governed by the Cooperation Agreement.
4. Information on Sponsors of the Run will be made available on the *Run with UMED* website [http://www.umedbiega.umed.pl/.](http://www.umedbiega.umed.pl/)
5. An Organizing Committee, composed of representatives of the Organizer and Co-organizers,   
   is appointed for the duration of the Run.
6. **AIMS**
7. Promoting running as the simplest form of exercise.
8. Collecting funds for charity; the Organizer of the Run will donate the money collected during the Run to charity.
9. Promoting physical activity and healthy lifestyle among the University community.
10. Integrating the University community.
11. **DATE AND PLACE**
12. The Run will be held on 10th May 2025, in Łódź [Lodz], the *3. Maja Park / Baden Powell* Park. Start/ finish by the *MOSiR* Sports Hall, ul. Małachowskiego 5/7 .
13. The date, including the starting time, and/or place of the Run may change. The Run may be cancelled if there occur circumstances that could not have been foreseen at the date of publication of these Rules and Regulations or due to force majeure (e.g., unfavorable weather conditions, decisions of law enforcement authorities or rescue services).
14. If the Event is cancelled due to the sole fault of the Organizer, the Organizer will be obliged to refund the "donation" referred to in Section IV, Point 7.
15. Information on the place, starting time and detailed route of the Run will be available on   
    the *Run with UMED* website [http://www.umedbiega.umed.pl/.](http://www.umedbiega.umed.pl/)
16. The length of the routeis **5.1 km.**
17. The time limit to complete the route **is 1 hour.**
18. Time will be measured electronically by means of a start number containing a chip that allows speed measurement. The Organizer will assign the start number with the electronic device to each Participant.
19. **TERMS AND CONDITIONS OF PARTICIPATION**
20. The Run is open to all persons who are 18 years at least on the day of the Event, and who sign a statement on no health contraindications to participate in the Event. The Participant should personally submit their statement in printed version when collecting  the starter pack referred to in the further parts of the  Rules and Regulations. The template statement form is enclosed as  Annex 1 hereto.
21. The Participants will be enrolled based on filled out applications. The template application form is available at <http://www.umedbiega.umed.pl/>.
22. Applications will be accepted until the limit of places is reached. The Organizer does not guarantee full starter packs to participants who sign up after  7th April 2025.
23. The number of places in the Run is limited. Participation in the run is determined by the order of applications and the date of payment of the entry fee which must be made within two working days following submission of the application. If the payment is not made within the set time limit, the application will be cancelled and the next person from the standby list will be qualified for the vacant place. The maximum number of participants is 400.
24. Registration of Participants at the Event Office on the day of the Run will be possible only if there are still places available. A Participant registering on the day of the Run will also be provided with a starter pack, subject to Point 3.
25. An application will be considered as successfully filed if the following conditions are met:
    1. the Participant has familiarized themselves with the provisions of the Rules and Regulations, in particular the terms and conditions of participation, and filled out the application form.
    2. the Participant has submitted a signed statement on no health contraindications to participate in the Run.
26. The whole amount of the voluntary "donation" fee will be given to charity, as referred to in Section II, Point 2.
27. As a part of the starter pack referred to in Point 1, each Participant will receive a competition number, a T-shirt, a bag and a commemorative medal, as referred to in Section III, Point 7.
28. The starter pack may be collected between 5th and 9th May 2025, from 2:00 p.m. to 7:00 p.m., in the Sports Center of the Medical University of Lodz, ul. 6 Sierpnia No. 69, room No. 11, ground floor. The Event Office is responsible for coordination of the Run, registration and verification of the Participants, as well as the distribution of materials, referred to in Points 8-9.
29. The Organizer has the right to refuse the Participant admission to the Run in case of any doubts concerning the Participant’s health condition. The decision of the Organizer is final.
30. The Organizer will ensure that during the Run, personal belongings of the Participants may be kept in a safe deposit, in a specially arranged place. No important documents or valuables may be deposited. Items left in the safe deposit must be packed and marked with the correct competition number of the Participant. Belongings left in the safe deposit will be collected by the Participant upon producing of  the competition number and identity card/student/employee ID.
31. Before the start of the Run, throughout its duration and after completion of the Run, all the Participants are obliged to be wearing the T-shirts and their competition numbers received with the starter pack. The Participants are not allowed to be present on the route of the Run not wearing the T-shirts or their competition numbers.
32. For safety reasons, it is forbidden to hand over competition numbers to other people or exchange them with other Participants of the Run.
33. It is forbidden to bring intoxicants, illegal substances, performance-enhancing drugs, alcoholic beverages of any kind and objects that may pose a danger to other Participants or third parties to the place where the Run is held. Persons who have consumed or possess any intoxicants, illegal substances, alcoholic beverages or dangerous objects will not be allowed to participate in the Run.
34. All the Participants are required to arrive at the Run venue on their own and at their own expense.
35. During the Run, the Participants are obliged to follow the instructions of staff responsible for safety, security and medical services working on-site, as well as persons acting on behalf of   
    the Organizer.
36. The Organizer of the Run does not issue VAT invoices.
37. **CLASSIFICATION AND AWARDS**
38. All the Participants who complete the Run will receive commemorative medals.
39. The winners of the first, second and third place will receive prizes in the following categories:
    1. Medical University of Lodz student (woman);
    2. Medical University of Lodz student (man);
    3. Medical University of Lodz graduate (woman);
    4. Medical University of Lodz graduate (man);
    5. Medical University of Lodz employee (woman);
    6. Medical University of Lodz employee (man);
    7. Open (AZS - woman);
    8. Open (AZS - man).
40. **PERSONAL DATA PROTECTION**
41. Personal data are processed in compliance with the provisions of Regulation (EU) 2016/679 of the European Parliament and of the Council of 27th April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data and repealing Directive 95/46/EC.
42. The Controller of the Participants' personal data is the Medical University of Lodz.
43. In connection with the Event, the Controller will process the following data of the Participants: first name, last name, date of birth, phone number, e-mail address, T-shirt size, and optionally the shipping address of the starter pack.
44. In order to properly protect personal data, the Controller has appointed a Data Protection Officer who can be contacted via e-mail at [iod@umed.lodz.pl](mailto:iod@umed.lodz.pl).
45. The personal data of the *Run with UMED* Participants will be processed for the purpose of organizing and holding the Run, conducting promotional activities and will not be made available to any third parties.
46. The legal basis for the processing of the Participants' data for the purpose of performance of the agreement under these Rules and Regulations is Article 6(1)(b) of GDPR, i.e.,   
    the processing is necessary for the performance of the agreement to which the data subject is a party. For the purposes of using the image and within the scope of data which   
    the Participant has voluntarily provided to the Controller, the basis for the processing is Article 6(1)(a) of GDPR - the person to whom the data refer has consented to processing.   
    For the purposes of defending, establishing or pursuing claims, the basis for processing   
    the user’s data is Article 6(1)(f) of GDPR - processing is necessary for the purposes of   
    the legitimate interests of the Controller.
47. The Participant has the right to:
    1. access their data, rectify, erase them or restrict their processing, object to data processing, as well as the right to data portability with regard to personal data processed under contract or voluntarily provided to the Controller;
    2. withdraw consent to the processing of their personal data at any time, without affecting the lawfulness of processing carried out based on the consent before withdrawal thereof - if, in connection with the participation in the Event, processing of the data takes place on a voluntary basis with the consent of the Participant;
    3. lodge a complaint to the supervisory authority - the President of the Office for Personal Data Protection, if they consider that the processing of their personal data violates the provisions on personal data protection, including GDPR.
48. Personal data of the Participants collected for the purpose of the agreement will be processed for the time indicated by the legal regulations for the assertion of potential claims. Personal data processed under consent will be processed until the consent is effectively withdrawn by the Participant.
49. Providing personal data is voluntary but necessary to take part in the *Run with UMED* Event. Persons who do not provide their personal data will not be allowed to participate in the Run.
50. All the information concerning the Participants, obtained by the Organizer and included in  application forms, will be saved in electronic form and used in accordance with the provisions of Regulation (EU) 2016/679 of the European Parliament and   
    of the Council of 27th of April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data and repealing Directive 95/46/EC and the Act of 10th May 2018 on personal data protection (Journal of Laws, Item 1000). The Organizer will not disclose this information to any third parties without the written consent of the person concerned.
51. Personal data may be transferred to other countries in connection with the publication of data, including images of the Participants, on social networks operated by the Controller (Facebook, Instagram) for promotional purposes.
52. The Organizer and the Sponsors reserve the right to use photographic materials related to the course of the Event, provided that these materials do not violate the right to protect the image of any of the Participants. In the case of the Participants’ images used for the purpose of promoting the Run, a separate consent has to be obtained from each Participant.
53. The Participant agrees that the results of the Run are announced to the public.
54. **RESPONSIBILITY**
55. The Organizer has a valid third party liability policy.
56. Each Participant takes part in the Run at their own risk and incurs the related risk. Each Participant is aware that participation in the Run involves physical effort and entails an inherent risk and danger of accidents and personal and physical injuries (including death), as well as  damage and loss of property.
57. The Participant is fully responsible for all damage caused by them, through their own fault, to other Runners or third parties.
58. In relation to the organization and holding of the Run, neither the Organizer nor Co-organizers will be liable for any personal, material or property damage incurred by   
    the Participants or third parties caused by the Participants or third parties through their fault, either during the preparation for, during  or after the Run.
59. The Organizer does not provide the Participant with life, health or civil liability insurance against illness, accident, injury, death or damage that may occur in connection with their presence or participation in the Run. The Participant waives the right to pursue any claims for compensation against the Organizer or Co-organizers in the event of damage caused by the Participant through their intentional fault in connection with their participation in   
    the Run.
60. **FINAL PROVISIONS**
61. The Organizer of the Run does not provide the Participants with any sports equipment.
62. By filling out the application form, the Participant declares that all personal data provided by them therein are complete and true.
63. The Participant undertakes to familiarize themselves with these Rules and Regulations and to abide by the provisions hereof, in particular the terms and conditions of participation contained herein. Sending an application form is regarded as acceptance of the provisions of the Rules and Regulations.
64. Failure to comply with the provisions of the Rules and Regulations may result in   
    the Participant being disqualified from the Run.
65. The Organizer reserves the right to change the provisions of these Rules and Regulations, however, no later than on the day preceding the date of the Run. The Organizer will immediately inform the Participants and all persons involved in the preparation and organization of the Event about any amendments to the provisions of the Rules and Regulations.
66. The decisions of the Organizer are final and cannot be appealed against.
67. The Rules and Regulations come into force upon being publicly announced.

**Annex 1**

**to the Rules and Regulations of the *9th Charity Run - Run with UMED* organized by the Medical University of Lodz**

**STATEMENT**

I, the undersigned……………………………………………………………………………………………………………………….

hereby declare that I am not aware of any health/ medical contraindications to my participation in the Run. I also declare that I take full responsibility for my health condition during the *9th Charity Run - Run with UMED*, and furthermore:

**NOTE:** In order to participate in the above Event, please put "X" in the required fields below.

* I declare that on the day of the Run, I am at least 18 years old .
* I have read the terms and conditions of the Rules and Regulations of the Run and fully accept them.\*

\*required fields

Łódź, …………………..…

/ date/ ..…………………………………………

/legible signature of the Participant/